Jewish Culture:
Exploring Jewish Dance

Easy at-home Jewish learning from the ISJL

THE BIG IDEA: What is Jewish Dance?
We can trace our tradition's ties to dancing all the way back to Miriam and the women dancing after the Exodus from Egypt. But you may be wondering about different styles of Jewish dance beyond the Israeli dances we might typically think of. Bruce Bierman explains Jewish dance at the following link: https://www.bimbam.com/jewish-dance/

ARTICLE: Jewish Theater and Dance
Beyond just learning about specific Jewish dances, you might be interested in the history of Jewish dance and theater. You can read all about "Jewish Theater and Dance 101" at the following link: https://www.myjewishlearning.com/article/theatre-dance-101/

ACTIVITY: Learn a Jewish Dance
There's something about dance that begs for you to do more than just watch. It's time for you to get up and move! Learn a traditional Israeli dance at the following link: https://www.youtube.com/watch?v=YYEk0qalvsU&frags=pl%2Cwn

EXPERIENCE: Jewish Dance in the Movies
One of the most popular dances in movie history is the wedding dance from *Fiddler on the Roof*. There are a number of dance sequences in the movie, so we suggest renting the entire movie if you have the time. But if you wish to watch just the most famous clip, you can do so at the following link: https://www.youtube.com/watch?v=kHRe9qdfLsw