

## TAP NEWS

### August Announcements

Welcome back! We hope you had a wonderful summer and are ready to get back to school. We have been zooming in on ways to make TAP accessible and available to all of our sites and are excited to launch TAP Virtual! Read on for all the details!



## SPOTLIGHT ON VIRTUAL MEDIATIONS



For the fall semester, TAP Staff will work with partner sites to facilitate virtual mediations. Our virtual model currently uses Zoom, and we hope that the format will translate to whichever distance learning platform your school utilizes. Stay tuned for more about virtual mediations at the first district-wide meeting of the school year.

## STRATEGY OF THE MONTH

### Seeing Yourself as a Mediator

Virtual learning offers the opportunity to watch and evaluate ourselves as we listen and speak. Use this as an time to practice empathetic listening and Good VIBES. When in virtual mediation it is important to reinforce these skills to truly get across how we are listening to the disputants and

focusing on the conflict.

### **VOICE**

Speak calmly & confidently

### **INVEST**

Take notes & use Guidelines to Good Listening

### **BREATHE**

If you relax, so will the disputants

### **EYE CONTACT**

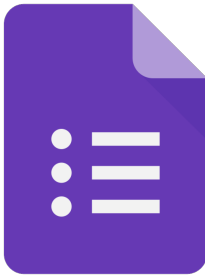
Show that you are listening

### **SHAPE**

Sit tall & slightly lean in

## LOG YOUR MEDIATIONS

### Google Form Makes Logging Easier



Mediators and Site Coordinators, click the link below to access a Google Form to quickly and easily log your mediations.

**Middle Schools:** A Site Coordinator logs the mediation, and mediators may but are not required to.

**High Schools:** A Site Coordinator logs the mediation as well as at least one mediator.

[Click here to fill out the form.](#)

For more details on how to use this form, view our handy guide [here](#).

## STAFF PICK

### Zoom Fatigue

In response to COVID-19 many have turned to technology and virtual platforms to communicate. In an article titled, "[Teachers and Students Address Zoom Fatigue](#)," Brian Gamble explains how and why virtual platforms are exhausting. Gamble points out that processing non-verbal cues consumes a lot of energy, and leads to Zoom fatigue.



*Rianna says: Now that we are using virtual platforms for school and TAP it is important to stay informed. Understanding what leads to Zoom fatigue can help us combat it.*



We are excited to announce that we are taking the TAP workshops virtual! Reach out to your TAP Staff to schedule a workshop for your faculty, students, or community members.

## PRACTICE ROLEPLAY

### Steven:

I had to use my sister's room for our math class zoom call, because it is the room with the strongest internet connection. During class David kept writing stuff in the chat box making fun of the princess bedding in the background. Now everyone is calling me "princess."

### Impact Statement for Steven:

### David:

Steven is being overly sensitive about me messaging my friends about the princess bedding in the background. Everyone could see it anyway. He really needs to calm down and stop acting like a princess.

### Impact Statement for David:

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For more information contact us at 601.362.6357 or [engagement@isjl.org](mailto:engagement@isjl.org).

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