November Announcements

- We have successfully completed refresher trainings for four of our JPS schools.
- Jim Hill High School hosted our first Zadeck TAP Mentorship session with Beth Orlansky, the Advocacy Director at the Mississippi Center for Justice.
- Are you up for the challenge? The first school to log 10 informal mediations will receive TAP drawstring bags.
- The first mediator to log 20 mediations will receive a TAP sweatshirt.

SPOTLIGHT ON REFRESHER TRAININGS

Practice Makes Perfect

We are thrilled to spotlight the mediators from Jim Hill, Blackburn, Whitten, and Kirksey for completing their refresher trainings. These mediators are prepared for virtual mediation this school year. During the trainings we reviewed the Mediation Checklist, discussed ways to address informal mediation, and practiced roleplays.

MENTORSHIP SESSIONS

Zadeck TAP Mentor Beth Orlansky

Jim Hill High School was delighted to partake in our first Zadeck TAP Mentorship with Beth Orlansky. Beth
works at the Mississippi Center for Justice as the Advocacy Director. She shared her experiences with mediation, litigation, and negotiation throughout her career. From the triumphant, high-stakes Curtis Flowers case to a loss against payday lenders, Beth noted how TAP skills directly correlate to her profession each and every day.

STRATEGY OF THE MONTH

Restating and Reflecting

As election season comes to an end people will be experiencing mixed emotions. Student mediators are uniquely situated to be a great listeners for those dealing with the emotional impact of the election outcome. This will allow for clear communication and understanding.

- **Restate** what was said to ensure that you understand.
- **Reflect** to let others know that they were heard.

LOG YOUR MEDIATIONS

Google Form Makes Logging Easier

Mediators and Site Coordinators, click the link below to access a Google Form to quickly and easily log your mediations.

**Middle Schools**: A Site Coordinator logs the mediation, and mediators may but are not required to.

**High Schools**: A Site Coordinator logs the mediation as well as at least one mediator.

[Click here to fill out the form.](#)

For more details on how to use this form, view our handy guide [here](#).
Healthline shares a guide to having healthy conversations this election season. Due to the nature of politics and the stress of COVID-19, this year's election season is unprecedented. As student leaders you can help moderate these difficult conversations post-election. Head to Healthline for information on navigating political discourse, de-escalating conflict, and managing social media content.

*Rianna says: "Many have invested a lot of time and energy into this election season. That personal connection to the election can cause some rising tensions. Knowing how to have tough conversations can help ensure that conflicts don't arise and everyone feels heard."*

### PRACTICE ROLEPLAY

**Sabrina:**
Nicole has been ignoring me lately. She keeps leaving my texts on read and just not answering. It has been so hard these last few months not being able to go out and see my friends. Now that she won't talk to me it's even harder.

**Nicole:**
Sabrina will not stop texting me. She's been really annoying lately and with so much going on I do not have time to deal with her. Between the quarantine, virtual learning, and election season everyone in my house has been overwhelmed and stressed out.

**Impact Statement for Sabrina:**
For more information contact us at 601.362.6357 or engagement@isjl.org.

**Impact Statement for Nicole:**
TAP is sponsored by the ISJL.

**THIS IS ISJL:** www.isjl.org
**Call Us:** 601-362-6357
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