ZADECK MENTOR GUIDE

Thank you for volunteering to connect with TAP student mediators in your community.

What is a Zadeck TAP Mentor?

As a Zadeck TAP Mentor, you are an adult role model to local student mediators curious about how their conflict resolution skills apply to various professions. This program and position are made possible by the endowment of Donald and Frances Zadeck.

What is the time commitment for a Zadeck TAP Mentor?

In the cohort model, Zadeck TAP Mentors are invited to give 30-minute presentations to groups of about 15 middle or high school student mediators. This can be a one-time presentation or can be offered to multiple cohorts of TAP mediators throughout the year. Learn about the small group model on the next page.

What kinds of topics should I cover?

During your 30-minute presentation, share about your career and the ways that conflict resolution, empathetic listening, and mediation skills apply to your field.





TAP is a secular program of the ISJL. Contact Rachel Glazer at rglazer@isjl.org for more info.

MENTORSHIP SESSIONS



Connect with a small group of TAP student mediators in monthly virtual sessions. In the small group format, Zadeck TAP Mentors are matched with 2-3 high school student mediators with whom they will meet with monthly throughout the school year. TAP provides a packet to guide discussion on each month's topic:

Setting Realistic Goals: Kick off the year by discussing realistic short-term and long-term goals.

Connecting Personal Interests with Conflict Resolution Skills: Help students connect to their goals through their skills and interests.

Career Exploration: Mediators interview mentors about their profession and consider college and career options that utilize their TAP skills.

Goal Check-In: Follow up on the goals that were set at the beginning of the school year.

Mock Interviews: Practice interview skills to prepare for conversations with employers and colleges.

Mentor's Choice: Mentors go in-depth about specific skills and aspects of their work with mediators.

Job Shadowing: Mediators get a feel for a professional work environment in their mentor's workplace.

Induction Ceremony: Acknowledge the hard work of mentors and mediators with a certificate of completion.

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